

COUNSELOR'S CORNER

St. Ursula Academy

Megan Gerken, Kelsie LaValley, Wendy Vischer, & Rebecca Tobias

**Remote Learning
Office Hours:
Monday- Friday**

**Face-to-Face:
9:30 A.M.- 12:00 P.M.
Via Google Meet**

**By appointment only.
Reach out to your school
counselor by email to
schedule.**

**Office Hours by Email:
1:00 P.M. -3:00 P.M**

ACT/College Board

ACT has rescheduled its April 4 national test date to June 13 across the U.S. in response to concerns about the spread of COVID-19.

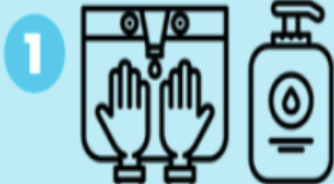
College Board is canceling the May 2, 2020 SAT administration.

Mindfulness Corner



Coronavirus

Staying Healthy



1 Wash hands with soap and water, or use sanitizer (if soap and water are not available), especially after visiting the bathroom and before eating.



2 Avoid touching your face—especially your eyes, nose and mouth.