



ST. URSULA ACADEMY

CATHOLIC • ALL GIRLS • COLLEGE PREP • GRADES 6-12

November 2, 2021

Dear SUA Parents,

The Ohio Department of Health and the Toledo-Lucas County Health Department have updated their guidance concerning the quarantine process for COVID-19 exposure with the goal to keep students in school as much as possible.

IN-SCHOOL/SCHOOL-SANCTIONED EXPOSURES: *Mask to Stay/Test to Play*

Eligibility for the new policy, entitled ***Mask to Stay/Test to Play***, is contingent on the exposure being in the school setting or school-related activities. This policy does not apply to household or community exposures.

Mask to Stay allows a student who has been exposed to COVID-19 at school or at a school-sanctioned event to remain in school and self- or parent-monitor for symptoms of COVID-19. If such a close contact occurs in school, we ask that students wear a mask for 14 days, whether vaccinated or not. If symptoms develop, the student must isolate and get tested. Students may discontinue these quarantine procedures after seven days only if they don't develop symptoms and test negative between days 5-7.

Test to Play is a new policy for students who are exposed to a positive case and their return to extracurricular activities. A student may continue to participate in activities related to school if the following criteria are met:

1. Wear a mask when able (i.e., at times when the mask would not interfere with one's breathing, the activity, or create a safety hazard).
2. Test on the day of initial notification of exposure to COVID-19.
3. Test once again on days 5 through 7.

OUTSIDE-OF-SCHOOL EXPOSURE

If your daughter has been exposed to COVID-19 outside of school and she is unvaccinated, the following quarantine options are available:

1. Quarantine at home for the next 10 days, or
2. Quarantine at home for the next seven (7) days and return to school with or without a mask with a negative test between days 5-7 and without the presence of symptoms.

If she is vaccinated, the ***Mask to Stay*** policy as outlined above is in place.

As a reminder, COVID-19 symptoms can include any of the following:

- Fever (100.4°F or higher)
- Cough
- Loss of sense of taste/smell
- Shortness of breath
- Fatigue
- Headache
- Muscle or body aches
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Thank you for your understanding and partnership as we receive new information and guidelines from the Toledo-Lucas County Health Department. SUA Nurse Amy Szymanski continues to be the point person in communicating applicable dates for quarantine or isolation and COVID-19 related questions. She can be reached at 419-329-2222 or aszymanski@toledosua.org.

Soli Deo Gloria,

Nichole