



# ARROW

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# ATHLETICS

## UPCOMING MATCHUPS

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MONDAY

TUESDAY

WEDNESDAY

**VOLLEYBALL- Regional Semi-Finals**  
Broadview Hts. 6:00pm

THURSDAY

FRIDAY

SATURDAY

SUNDAY

## WEEKLY SPORTS IN REVIEW

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**WEEK OF OCT. 28 - Nov. 3, 2013**

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### **CREW:**

#### **Head of the Charles Regatta, Boston Mass**

Over the past 46 years the Head of the Charles regatta, the largest regatta in the world, has grown tremendously. Yesterday, more than 8,000 athletes, from around the world, in 55 different countries came to the banks of the Charles River to show their stuff. Coach Pete Fox and his elite group of SUA rowers made their way there too, intent on showing they belonged with the best of the best. This year's team consisted of Seniors Allie Studtmann, juniors Nadia Ayad, Jessica Bainbridge, Audrey Bodie, McKenzie Hitch, Christine Long, Sophie Perlini, Rachel Steinbauer and sophomores Savannah Ingle, Steffi McCormick, Hope Moore and Madison Wheeler.

Our SUA contingent of rowers competed in the Women's Jr. Varsity 8+ event. There were 88 boats entered in this event from around the world. Only four high school teams from Ohio, SUA, Anthony Wayne, Upper Arlington and Hilliard were eligible to participate in this year's event. It should be noted that this event consists of scholastic rowing teams, (high school teams) and rowing clubs, ( all-star teams).

Against strong head winds, our might 8+ with Steffi McCormick at the stroke roared out of the gate to a 68th place finish with a time of 20:15:53 and 3rd among Ohio scholastic teams.

Considering they were rowing against senior boats and all-star teams this was an outstanding accomplishment and it bodes well for the spring season when the girls will be rowing against non-seniors. Next week our rowers make their way to Ann Arbor for the Ann Arbor Scrimmage! Be there or Be Square!

### **2013 ARGO HALLOWEEN SCREAM**

Our SUA Crew team concluded their season this past Saturday with a lively, fun Scrimmage in Ann Arbor along the banks of the Huron River aptly called the Argo Halloween Scream! Great fun was had by all the rowers from St. Ursula, Notre Dame, Anthony Wayne, Huron and St. John's Jesuit High Schools.

Our girls took 52nd. Place awards, 23rd. place awards and 24th place

awards.

What made this event novel were the mixed boat races. SUA and ST. John's paired up to put a beat down on some of the competition taking 6 1st. place awards, 12 2nd. Awards, 5 3rd. place awards and 3 4th place awards. These races also included races with only coxswains racing. These races were a complete howl.

Now the girls will begin their winter conditioning in preparation for the grueling spring season.

They will put in serious work getting ready for a season we hope will culminate in a win at the Mid-West Regionals and a trip to the Nationals and a National Championship!

### **SOCCER:**

The Arrow's soccer season ended Thursday with a tough loss to Anthony Wayne in the district's. The Arrows dominated much of the game and had some great scoring chances throughout the match, but several big saves by the Anthony Wayne keeper kept the game close. Danielle Clear scored mid-way through the second half to tie the game, but Anthony Wayne managed a goal late in the second that ended up giving the Generals a 2 – 1 win. The Arrow's controlled play and possessed the ball on offense and in the midfield, played very solid defense and limited a talented senior filled AW to just 6 shots on goal while the Arrow offense took three times as many shots at the AW end. The team fought hard for 90 minutes before falling to the district champion Generals.

Congratulations on a solid season and good luck to all the girls.

### **8th GRADE VOLLEYBALL:**

Our 8th grade Arrow volleyball team finished out the CYO Pumpkin Tournament on Saturday by defeating All Saints in the semi finals 25-9 in the first set and 25-21 in the 2nd. In the championship match vs. St. Joe's Sylvania, we won the first set 25-16. We lost the 2nd 25-23 and another heartbreaker in the 3rd, 16-14. The Arrows kept battling throughout and we are proud of their growth during the season and their post season run finishing in 2nd place. Great job Arrows!

### **VOLLEYBALL:**

The Varsity Arrows played the Anthony Wayne Generals for the Division I district semifinals on October 22 at the Stroh Center at BGSU. A kill by Junior Morgan Finn got the Arrows off to a fast start, as they then went up 6-1 after a kill by Sophomore Emily Lydey and 12-3 after a monster kill by Sophomore Elizabeth Coil. They won the 1st set rather decisively, 25-11. The second set was much closer, as the Generals evened the score at 10-10. The Arrows then won the next five points, but the Generals stayed tough and pulled within two. Perhaps the key point in the whole match was a world-class rally at 17-15 in which the ball changed sides 13 times. Junior Maurissa Leonard had two diving saves during that point to return two bombs by the Generals. Anthony Wayne then pulled to within two again to make it 21-19, but the Arrows took over from there and won four straight points that included a slide kill by Sophomore Elizabeth Coil and a game-ending kill by Sophomore Morgan Rectenwald to win the set 25-19. The third set was much like the first and ended with an identical 25-11 score.

The Varsity Arrows again traveled to the Stroh Center for the District

I final match against the Perrysburg Yellow Jackets. The Arrows played an OUTSTANDING match and defeated Perrysburg in 3 sets! Set one started with a 4 point serving run by Senior Madelyn McCabe that helped pushed the Arrows to a 6-1 lead early in the game. The Yellow Jackets fought back to bring the score to 10-7, but the Arrows pushed hard from there with back to back kills by Junior Lauren Graves to help win the set 25-15. The Arrows and Yellow Jackets remained within points of each other in the 2nd set until the Arrows began their advance on a kill by Junior Morgan Finn. Four-points served by Freshman Jamie Cox and another 4-point serving run by her sister, Junior Ryann Cox, helped the Arrows win the set 25-15. The excitement peaked in the 3rd set as the Arrows took an early lead. Perrysburg fought back to bring the score to 8-6 but from there it was the Arrow's game. Sophomore Liz Coil added points with her unstoppable slide and Senior Lauren Daudelin offered back to back kills to bring the score to 13-7. Megan Burns came in to serve and added 2 points. Next was the RALLY of the season – the ball changed sides 24 times before the Arrows won the point with a setting error by Perrysburg. The Arrows win the set 25-19 for the Division 1 district Championship! Congratulations to the team and coaches!

The Varsity Arrows Volleyball team now travels to Brecksville-Broadview Heights for the regional semifinal against the Kenston Bombers on October 29. Go Arrows!!!

### **WATER POLO:**

The State Water Polo Tournament was held this past weekend in Mason, Ohio at a beautiful 11 lane pool with a moveable bottom and seating for 600. The Arrows first opponent was Mason who was playing in their home pool with a definite home crowd advantage. It took the Arrows a little while to get use to the wider playing field as their shots were nowhere near the goal. They finally found the goal with 7 shots making it in. Unfortunately, Mason scored 15 and they did go on to win the tournament.

Saturday had the Arrows playing for 5th or 6th place against Thomas Worthington. The Arrows met Worthington the previous weekend and they knew they were in for a good match. The Arrows had identified specific Cardinal players to be on the lookout for. Initially, the plan did not seem to be working as the Arrows were down at the half by 5. But then the Arrows started to make a comeback sparked by goalie Sydney Czerniakowski with 19 saves, 3 or 4 of them being penalty saves! Alex Grzeszczak and Katie Grohnke each had 4 steals and the spark continued with the Arrows coming back to tie at 14 all at the end of regular play. Now, play continues with two-3 minute periods and ends with the score still tied. Now the Arrows start a three minute sudden death period. The Cardinals look exhausted and the Arrows are ready to go. Zhada Fields wins her 7th swim off of the game and the Arrows have the ball and drive toward the goal. But then, the Cardinals steal the ball, everyone is sprinting going straight toward goalie Sydney. The whistle blows, a foul is called on the Cardinals and the Arrows have the opportunity to score on a penalty shot. Katie McNeeley lines up to take the shot, the whistle blows and she scores! The crowd goes crazy, the Cardinals look stunned and Coaches Dave and Dave have smiles on their faces.

Final score Arrows 15, Worthington Cardinals 14. Leading the scoring was Katie McNeeley, followed by Adrienne Kinor, Allison Kinor, Katie Grohnke, Alex Grzeszczak, and Maggie McNeeley. Playing defense for the Arrows were Ellie Struble, Veronica Ruiz-Krause, Abby Brodie and Fatima Knight.

The Water Polo Arrows are looking for girls who love water, competition, fun and chlorine! If you are interested, see Adrienne Kinor, Alex Grzeszczak or Zhada Fields.

Go Water Polo Arrows!





