



ARROW

ATHLETICS

UPCOMING MATCHUPS

MONDAY

VOLLEYBALL: VAR - TRAC Semi-Finals

TUESDAY

WEDNESDAY

VOLLEYBALL: VAR - TRAC Finals

SOCCER: VAR VS. NDA (H) 5:00pm

THURSDAY

VOLLEYBALL: VAR TRAC Finals

SOCCER: JVA VS. NDA (H) 5:00

JV VS. NDA (H)

FRIDAY

SATURDAY

CREW: Columbus, Ohio Regatta

CROSS COUNTRY: TRAC Championship

SOCCER: JV (H) Cincinnati St. Ursula 1:00

VAR (H) Cincinnati St. Ursula 3:00

VOLLEYBALL: FR/JV (A) Dublin Coffman

VAR (A) Dublin Coffman 2:00

SUNDAY

WEEKLY SPORTS IN REVIEW

WEEK OF OCTOBER 7 - 13, 2013

CREW:

If you closed your eyes you'd swear we were heading into the Costa Rican rain forest instead of the Island Metro Park in Dayton Ohio for the Charlie Doyle Memorial Regatta. Sweat oozed from every pore as we battled retched humidity on our way to the banks of the Mighty Miami River. This day would prove to be quite challenging as we experienced everything Mother Nature had to offer except snow. The day started overcast as low slung, black, swollen clouds huddled above threatening the day's races.

All the ugliness above could not mask the unbridled beauty of this venue. The pristine charm of the placid Mighty Miami River and the rolling lush, green banks of the river, provided excellent sight lines for viewing, making this easily my fav among regatta sights.

The decision was made to throw caution to the wind and get the races kick started. We were thrust into a stare down with Mother Nature. Game **THE HECK ON!!**

Our first event was the Women's Jr. Novice 8+ with Marisa Rudolph at the stroke. As if shot from a cannon, our great eight newbies slashed the waters to beat out a 10th place finish.

The next race featuring our SUA rowers was the Women's Jr. NOV-ICE 4+ race. The race featured our SUA novice 4+ A boat with Marisa Rudolph at the stroke. These tough little ladies cruised to a respectable 7th place finish in a crowded field of 16.

The next race featured our Women's Jr. Lightweight JV 8+ with Allison Studtmann at the stroke. Roaring out of the gate with a single minded focus, our girls dashed to a 3rd place finish to bring home the bronze medal.

The next race featured our Women's Jr. 4+ A and B boats with Rachel Steinbauer and Grace Shade at the stroke respectively. These talented girls battled hard to capture a 15th and an 18 place finish in an extremely crowded field.

Then the deluge came, accompanied by thunder and lightning. The races came to a screeching halt.

This was right at the beginning of the Women's Jr. 8+ race featuring



our A boat with Steffi McCormick at the stroke. After an hour delay the officials declared it safe to resume the races. Thus this race was started with only have the entries in place. Our girls battled their faces off to the finish only to be told that the race was being cancelled. Just as they were about to pull their boat from the water a decision was made to run the race again. Lapdog tired, and frothing at the bit, our girls rowed to the starting point and braved out a 5th place finish. The last race for us was the Women's Jr. JV 8+ featuring our B boat with Rachel Steinbauer at the stroke. These ladies stroked feverishly to beat out a 6th place finish. Next up for SUA Crew is the Columbus Fall Classic next Saturday. We'll be there to ball out!

CROSS COUNTRY:

The St. Ursula Cross Country team did not race this past Saturday. The team practiced at Maumee Bay State Park on Saturday October 5th at the site of the CYO Cross Country Championships and supported the SUA Middle School team.

The team will next be competing in the TRAC Championships in Fremont on Saturday October 12. GO ARROWS!

GOLF:

The Varsity Golf team headed into the post-season last week at Dewtweiler Golf Club. The Arrows dominated the field once again taking top honors at Sectionals with a team score of 315. Junior Kat Young led the team scoring with 77 followed by a personal best 78 for Junior Monica Torda, and Lizzie Win and Jessica Antypas each with 80. The team heads to Districts this week at Stone Ridge in Bowling Green. Here we go Arrows!

Three days later the team headed over the state line to the Bedford Invitational in Temperance, Michigan. The Arrows were the only Ohio team in the 14 all-Michigan team line-up. Battling the elements, the Arrows once again came out on top in a tie for 1st place with a score of 315. The score card tie-breaker (the lower score of the two teams 5th player) gave the ARROWS the win!

Lizzie Win fired a 73 with Kat Young 76, Monica Torda 82, and Jessica Antypas 84. Emily Antypas' 84 was the winning tie-breaking score over Ann Arbor Pioneers' 85.

Lizzie Win and Kat Young earned Top 10 individual medals. Way to go low, Arrows!

ARROWdomINATION!

Up next...Tuesday, 10/8 - DISTRICTS at Stone Ridge 8am

SOCCER:

The girls soccer team wrapped up a very busy week with a 4 – 2 win at Jonathan Alder Saturday afternoon. The offense picked up its pace and recorded 13 shots on the goal as the team heads towards the tournament. Jordyn Greer led the scoring with 2 goals. Hannah Kern and Allie Farrell also scored for the Arrows. The defense played tough all afternoon and Sydney Yeager recorded 9 saves in net.

On Wednesday, the defense shut out Toledo Whitmer with the back line allowing just 1 shot on goal. Yeager and Sam Kholi combined



for the shut out. The offense was also clocking as they scored 5 goals with Sarah Staelgraeve, Danielle Clear, Tori Jeffries and Jordyn Greer all finding the back of the net.



The varsity fell on Monday to defending state champion Perrysburg. The girls controlled play much of the first 50 minutes as the game remained scoreless into the second half. Perrysburg scored on a set play and went on to deal the Arrows a hard fought loss.

The JV team dominated on Saturday on their way to a 4 – 0 win and Monday's match versus Perrysburg ended in a 2 – 2 tie.

The Arrows will play for a share of the TRAC title against Notre Dame this Wednesday at SUA. Game starts at 5, please come out and show your school spirit!

TENNIS:

JV

JV Tennis takes 3rd place in the TRAC. Great Season Arrows!

Chloe Wagenhauser placed 2nd at 1st singles

Allie Moore placed 3rd at 2nd singles

Courtney Clawson placed 4th at 3rd singles

Sam Vetter and Anna Loss placed 2nd at 1st doubles

Tatum Suter and Grace Beham placed 3rd at 2nd singles

Varsity

Tuesday Varsity beat Northview 3-2 advancing them in the coaches tournament to play Central this Tuesday.

Wednesday the girls beat Southview 5-0.



Thursday Celina Nowicki, Sydney Seeley, Hannah Barnes, Janet Stengle, Angie Jacob, Amanda Fahoury, Kate Szczesniak played in the Sectionals Tournament at Jermain. Play began at 9:00 am and was delayed due to the rain. Once the courts dried play resumed. It was a full of day of awesome tennis.

Districts are Friday! Go Arrows!

Good Luck to doubles team of Sydney Seeley and Celina Nowicki, singles player Amanda Fahoury.

VOLLEYBALL:

Arrow Volleyball hosted Fremont Ross to the Arrow dome on Sept 30th . All three Arrow teams prevailed. Set 1, 25-3 The game started off in our favor with a long serving run by setter Madelyn McCabe and continued with solid blocking by Lauren Daudlin and Liz Coil. Set 2, 25-8 Great sets by Erica Scheits, led to kills by Morgan Finn and Lauren Graves for another set win. Set 3, 25-17 a great save by Marissa Leonard added excitement to the set. Varsity Arrows winning the match in three sets. JV winning in two quick sets, with another great team effort by all. score, score . Our Arrow freshmen in 2 sets, 25-18, 25-23, steady and consistent play by libero Maria Sulian, Maddie Roman providing solid outside hitting

The first round of the TRAC started Oct 3rd for the Varsity Arrows. Lima Senior came to play at the Arrow dome, A small but mighty crowd cheered the varsity Arrows on to a victory.





Set 1 Emily Lydey provided excellent setting and Liz Coil added some great kills to beat the Spartans 25-5. Set 2 consistent serving by the Arrows and impressive kills by Lauren Dauldin helped the Arrows win the second set 25-7 Set 3 A serving run by Connie Baumgartner , several kills by Hannah Engler added points for a 25-8 win of the match. Oct 7th is the semi-final round of the TRAC , the Arrows vs. Clay Eagles. The varsity TRAC finals are Oct 10th

The JV and Freshman TRAC Finals were held on Saturday Oct 5. The JV Arrows headed down to Findlay, Placed top seat in the TRAC , our first game was against Lima Senior The JV Arrows won their match in two sets , 25-9,25-9 . Our second game was against Clay Eagles, who prevailed over the Irish. But the Eagles were no competition to our Arrow team. Great hitting and blocks by our front row “wall” Alex Richards, Ashley Glanville, Maggie Finn, Allee Faist, stopped the Eagles from soaring. JV Arrows winning the match in two sets, 25-10,25-7. The Championship round was against our home rivals NDA. Game one The Eagles took the court. a different team then the one we defeated so easily in season play, NDA wanted this win. The first set was brutal, with no time outs remaining, the Arrows were down 22-24, the JV Arrows fought hard and scored 2 pts, tying it up 24-24, the Eagles came back with point, 25-24. The Arrows regrouped , with great serves from Allee Faist, giving us a 1 pt lead 26-25,The Arrows rallied together a perfect pass, a perfect set and a kill to win the set 27-25. The second set, our Arrows took the court fast, and confident. Awesome kills from McKenna Jordon, Allie Businger and Kerrigan Mcvicker. Sneaky tips from Allee Faist. Our front row blocked, our hitters hit and our back row passed. Stephanie Sylvester fast saving move, ran to the sideline and a backwards last effort swing as she hit the score table, set the ball over the net, and dropping on the Eagles side, winning the set.25-14 The JV Arrows blew out the Eagles, Winning the match , Winning the Trac Final, and a 22-0 mark on the season.

The freshman TRAC was hosted at Central Catholic. The freshman arrow got off to a quick start beating the Whitmer Panther in 2 sets 25-17,25-14. The second match against Clay the Arrows won the first set 25-23, but lost the next two 21-25,13-25. Their last set was against the NDA Eagles with great effort by all, the team lost to the Eagles 18-25, 17-25 Finishing the TRAC in 4th place!



Steve Rafac with an amazing vertical jump!